

Social distancing



Social distancing is an effective way to reduce the spread of illness.

This means making changes in your everyday routines to minimize close contact with others, including:

- **avoiding non-essential gatherings (no gathering of more than 50 people)**
- **avoiding common greetings, such as handshakes**
- **avoiding crowded places such as stores when they are busy or community events**
- **limiting contact with people at higher risk like older adults and those in poor health**
- **keeping a distance of at least two arm-lengths – which is about two metres – from others as much as possible**

Together, we can slow the spread of COVID-19 by making a conscious effort to keep a physical distance between each other.

For more information: visit yukon.ca/COVID-19